



**2008 Mike Sims Memorial**  
**Boys Levels 4 & 5 North State Meet**  
**Saturday, April 19<sup>th</sup> and Sunday, April 20<sup>th</sup>**



Hosted by:  
**WOGA Gymnastics Academy**  
**1937 W. Parker Rd.**  
**Plano, TX 75023**

**Contact:** Anna Liukin (972) 985-9292  
E-Mail: [wogaplano@aol.com](mailto:wogaplano@aol.com)  
Fax: (972) 964-8209 [www.woga.net](http://www.woga.net)

**Meet Directors:** Kathy Howell and  
Anna Liukin

**Entry Fee:** \$60.00 per athlete / NO Team Fees  
Make one check (per gym) payable to "WOGA Gymnastics"

**Entry Form:** All Entry Forms must be typed. Clubs must use the official State Meet Entry Form. No entry will be accepted unless it is filled out correctly, completely\* and accompanied with full payment.

\*Entries will not be considered "complete" without a vote for Level 4&5 North State Coach of the Year. Each entry may include one vote per coach entered on the entry form. (Judge of the Year votes will be entered on all Level 6-Elite State entries).

**Entry Deadline:** All Entries must be received by Friday, March 29, 2008.  
No late entries will be accepted without the \$10.00 per athlete late fee AND permission from the State Chairman.

**Entry Mailing Address:**  
WOGA Gymnastics Academy  
Boys North State Meet – Anna Liukin  
1937 W. Parker Rd.  
Plano, TX 75023

**State Age Groups:** Level 4 - (6), (7), (8-9), (10+)

**Team Age Groups:** Same

Level 5 - (7-8), (9), (10-11), (12+)

**Team Age Groups:** (7-8), (9), (10-11 and 12+) combined

**Awards:** **Individual Awards:** Achievement awards on all six events will be presented to the top athletes in each age group and level as follows:  
Top 5 – Gold, 6-10 Silver Medals, 11-20 Bronze Medals. Ties will be broken by using USAG tie-breaking procedure. Smaller age groups will have fewer awards.

**All-Around Awards:** Will follow the Texas State and USAG rules and policies guidelines. (At least 30% in all age groups, medals only)

**Team Awards:** Top three scores on each event will count. At least 50% of all teams, per age group, will receive awards.

**Participation Awards:** All participants at the State Meet will receive a Commemorative State Meet medal.

**Meet Format:** Modified Capital Cup (warm-up/compete-warm-up/compete)

**Athlete Attire:** **Level 4's:** Shorts, Team T-Shirt or Gymnastics Jersey. Socks Optional. **No competition pants or team warm ups are allowed!**  
**Level 5's:** Competitive Shorts and Gymnastics Jersey – minimum. Competition pants and warm-ups are optional. Socks must be worn with pants  
**Awards:** Please make sure your athletes are properly dressed for awards.

**Coaches' Attire:** Please dress professionally. The Texas Rules and Policy for professional coaching attire is: No jeans, cut-off shorts, or sandals allowed. Collared shirts, team t-shirts or warm-ups are permitted.

**Equipment:** A.A.I. and Speith Anderson

**Admission:** Adults - \$6.00 / Children 6-12yrs \$3.00 / 5yrs & younger FREE

**Programs:** Available at each session for \$5.00 each

**Meet T-Shirts:** Pre-Ordered \$15.00 (include pre-order T-shirt form with entry) OR  
At the Meet \$18.00

**Concessions:** A great variety of food and drinks will be available throughout the meet.

**Results:** Will be posted after every session at the meet site, and will be available on the Region 3, Texas State and the WOGA websites.

**Host Hotel:**

**Hampton Inn – Plano**

**4901 Old Shepard Place**

**Plano, TX 75093**

**(972) 519-1000**

\* Five minute drive to WOGA-Plano facility

**Rate: \$79.00 per night (Friday – Sunday)**

**Includes: “On the House Hot Breakfast”**

**“On the Run Breakfast Bags”**

**Complimentary Shuttle (within 5 miles)**

**Brand New Fitness Center”**

**In-room coffee**

**Outdoor Swimming Pool**

**Surrounded by shopping, restaurants and entertainment**